



Arcadia Public School Parents Auxiliary Newsletter



09/2016

Term 3, Week 3

3 August

Website www.arcadiaschool.com.au

Email arcadia-p.school@det.nsw.edu.au

TERM 3, 2016

- 09 Aug Senior Choir– Arts Alive Rehearsal & Concert - Town Hall
- 10 Aug Beecroft Zone PSSA **Field Events** Carnival (9.30am - 2.30pm) Greenway Park, Cherrybrook
- 17 Aug Beecroft Zone **Track Events** Carnival (9.30am - 2.30pm) Greenway Park, Cherrybrook
- 10 Aug **P&C Meeting - 7pm Library**
- 16 Aug ICAS Maths
- 18 Aug APS Agricultural Adventure 10am
- 22 Aug Grandparents Day - Book Week Book Parade
- 23 Aug Author Visit—James O’Loughlin

**A HUGE THANK YOU TO IGA GALSTON
FOR SUPPORTING OUR SCHOOL THROUGH
THEIR COMMUNITY GRANT PROGRAM
WITH THIS \$980 DONATION!**



Hi all,

As this is the first Parent Newsletter for Term 3, reporting on parent led activities stretches back an entire month - to Election Day! Maintaining a long held tradition in the area and upholding a cultural tradition, The Arcadia Election Cake Stall ‘ticked all of the boxes’ as locals took to the voting booths!



Students running the Cake Stall



There were also plenty of ‘democracy sausages’ consumed at a classic Election Day sausage sizzle!



**PLEASE NOTE CHANGE TO PSSA FIELD & TRACK EVENTS
– UPDATED TODAY DUE TO WET WEATHER**

- **PSSA FIELD – NOW WEDNESDAY, 10 AUGUST**
 - **PSSA TRACK – NOW WEDNESDAY, 17 AUGUST**
- BOTH HELD AT GREENWAY PARK, CHERRYBROOK**



Parent volunteers Helen, Dave and Trent on the Arcadia Election Day BBQ

A huge thanks to Dana for the enthusiasm to get the Election Day fundraising activities happening and thanks to all parents and students who volunteered their time on the day.



And let's not forget a big thank you to all of the talented and hard working behind the scenes bakers!

In addition to being a great service to the local community, the Election Day activities were also profitable, raising approximately \$1250 for the school.

Athletics Carnival BBQ and Cake Stall

Parents were also able to raise \$442 at the recent Athletics Carnival through the BBQ and Cake Stall.

Next P&C Meeting

The next P&C Meeting will be held next week, Wednesday, 10th August, 7pm in the Library. All welcome and new parents encouraged to attend.

Uniform Update from Kathy Carter-Jones

The Arcadia School Principal and the P&C uniform sub-committee have completed the review and implementation of changes to the school uniform. Outcomes include:

- + the purchase of Arcadia Public School blazers in various sizes to be worn when students are representing the school

- + changes made to the sports uniform for 2017 (parents can phase in changes during Term 3 & 4 in 2016)
- + changes made to the boys shirts for 2017 (parents can phase in changes during Term 4 in 2016)
- + changes made to our uniform supplier and retail processes.

All details are on the school website at <http://www.arcadiaschool.com.au/content/our-uniform>

I would personally like to thank all the members of the sub-committee for assisting in this project, while there has been plenty of discussion and sharing of ideas it has always been done with respect and courtesy. We have all shared the aim to:

- + ensure that the student uniform is appropriate
- + modern
- + easy to manage and keep clean
- + reduces impact to family budgets
- + allows our students to make a good impression for their school whilst out in the community

I would also like to thank Cowan & Lewis our new uniform providers as we've established this new relationship they have made all dealings pleasurable and I have no doubt that they will continue to deliver exceptional service to our school community. I would ask that you be patient with as they familiarise themselves with our uniform needs, in particular the demand for new line items.

Chicken Coop Working Bee – A Great Success!



Our school chickens are enjoying their newly renovated home after a successful working bee, on Sunday, 24th July, to improve the flooring within the coop and construct a secure outdoor run. The

project organisers – Mrs Crouch, Alan and Pete – were dedicated to the cause with many hours donated. The road base flooring was removed and replaced with more appropriate materials and secure fencing for the outdoor run was constructed. Many parents donated time on their Sunday to this project, to ensure the health and wellbeing of our beloved chooks. Mrs O'Brien also donated several hours of her Sunday to assist with the project. Thanks to everyone involved!



Agriculture Adventure at Arcadia

Thursday, 18th August, 9.45am for 10am start

Our school will be hosting a day dedicated to learning through agriculture!

Our students will discover where their food and fibre comes from through hands-on activities including a visit from a dairy farmer - Luke and his beautiful jersey cows.

We will also be inviting local pre-school aged children to join us on this day, showing off our beautiful school and the unique opportunities it has to offer.

This will be such a fun day. Spread the word!



OOSH Update

OOSH Coordinator – Aisha – is ready and waiting to open more weekly OOSH sessions including a “Homework Club” focussed session. Let’s get these extra sessions happening! Register your interest with Arcadia OOSH ASAP. I fear we may in danger of losing our greatest asset – the wonderful Aisha – if we cannot sustain an adequate number of OOSH sessions each week. Sessions cost \$10.95 per session (with 50% Child Care Rebate applied).

SAVE OUR OOSH! Remember, if we lose our OOSH it will be very difficult to get it back!



Playgroup Update

The Arcadia Playgroup Mums are very excited and grateful for the recent donation of a brand new coffee machine! A huge thank you to school parent Dave Fitzsimmons for his unprompted generosity!



Last week was a relaxed session with Christmas in July colouring, and construction play with Duplo.



Following on from the last parent newsletter here are some interesting facts from the 1931-1960 tab of the www.arcadiahistory.com.au website. I have decided to put these interesting facts at the end of the newsletter for the truly committed newsletter readership!

- ✚ 1932 – Arcadia Community Hall was built, known as the Arcadia School of Arts.
- ✚ 1936-1953 – Mr James Baird was Headmaster for 17 years
- ✚ 1936 – Berrilee Public School was established
- ✚ 1938 – Electricity was connected to Arcadia Public School

- ✚ 1941 – the “Outer Sydney Bush Fire Brigade” formed after 19 homes and many orchards were destroyed in 1939
- ✚ 1952 – The Arcadia-Berrilee Volunteer Bush Fire Brigade was established
- ✚ 1953 – The coronation of Queen Elizabeth II was celebrated at the school with a tree planting ceremony. A tree was planted for each of the Commonwealth nations along what was then the lower boundary of the school (now behind the canteen). Still standing today are the Harpephyllum caffrum ‘Kaffir Plum’ representing South Africa and Cedrus deodara for India. Other trees which are located in the row Callistemon salignus for Australia and Jacaranda mimosafolia for South America which may have been planted at this time.
- ✚ 1954 - The P&C were very productive with the levelling of a playing field and construction of a concrete cricket pitch. They also purchased a duplicator, gramophone and recorder. There were 48 pupils.
- ✚ 1957 – The water tank was built. Mr Leonard Love was Headmaster from 1957-1972 (15 years)

Anyone have photos of themselves as previous APS students? Send them in so we can have a Guessing Competition!

And here’s this weeks’ giggle, in the spirit of Election Day:



If you have something newsworthy to report for the Parent’s Auxiliary Newsletter, please contact me: dalenorrisos@yahoo.com.au or 0410 532 562. Cheers, Dale

CANTEEN NEWS

We avoid all nut products

ARCADIA PUBLIC SCHOOL - NUT FREE !
 IN THE INTEREST OF STUDENT SAFETY PLEASE
 DO NOT SEND NUT PRODUCTS TO OUR SCHOOL



Proudly Sponsored by
Galston Financial Services



Bendigo Bank
 Tel: 9653 2227
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Arcadia Public School thanks Bendigo Bank for their generous support.



THANK YOU BUNNINGS DURAL FOR YOUR CONTINUED SUPPORT OF ARCADIA PUBLIC SCHOOL



ARCADIA PUBLIC CANTEEN NEWS

Canteen Helper Times

TUESDAY - 10am to 2pm

THURSDAY - 11:30am to 1:45pm

Pasta/Soup Helpers THURSDAY 04 AUG Time <u>11:30am to 1:45pm</u>	Canteen Helpers TUESDAY 09 AUG Time Req - <u>10am to 2pm</u>
Carolyn Dawson + 2 MORE REQ. URGENTLY PLEASE	DANA TO CONFIRM

* Please help us out by pre-ordering your children's Lunch
THANK YOU SO MUCH *
 Please Pre-Order by 9:30am on
 Tuesday & Thursday

PASTA - THURSDAY - 04 AUGUST

Penne Bolognese.....\$3.50/serve

TUESDAY - CANTEEN SPECIAL - 09 AUGUST

Apricot Chicken..... \$4.00/serve

THANK YOU TO OUR RECENT CANTEEN HELPERS:

Judy & Daniel Wen, Nerida Shimizu,
 Carolyn Dawson, Teena Dodd

MORE CANTEEN VOLUNTEERS NEEDED FOR TERM 3
PLEASE CONTACT DANA DYER
WITH YOUR PREFERRED DAY & TIME FOR TERM 3
IF YOU CAN HELP 0412 398 650 OR
FOR ANY OTHER CANTEEN ENQUIRIES

****** STOP PRESS ******

THE ARCADIA VEGGIE STAND WILL BE OPEN FOR BUSINESS
TOMORROW - THURSDAY 4 AUGUST - AT THE END OF THE DAY
LOCATED NEAR CLASS 1/2 - FRESHLY APS GROWN & HARVESTED
BROCCOLI & LETTUCE WILL BE ON SALE - YUM !

APS FRESH EGG RAFFLE - WAS DRAWN
THE JONES FAMILY ARE THE LUCKY WINNERS OF
1 DOZEN APS FRESHLY LAID EGGS !

arcadia markets

19 SATURDAY
NOVEMBER 2016
8am - 3pm
Includes Old Skool Car Show

6 SATURDAY
MAY 2017
9am - 3pm
Lots of Mother's Day gift ideas

PRESENTED BY ARCADIA PUBLIC SCHOOL
140 Arcadia Road, Arcadia



Find us on facebook or
www.arcadiamarket.com.au

Bunnings Dural Fathers Day Family Night



Thursday 1st Sept 5pm – 8pm

Miguel Maestre

Live Cooking Demonstration + Meet & Greet

- Velcro Wall
- Mechanical Bull
- Things that Creep and Crawl Display
- Make a Gift for Dad
- Foody Throwing Competition
- Electric Blower Golf
- Ryobi Display
- Sausage Sizzle & Drinks

Bookings Recommended - To Book Please call 02 9653 7500

BUNNINGS
warehouse

LOWEST PRICES
ARE JUST THE
BEGINNING...

HILLS HAWKS SOFTBALL CLUB



2016/17
Season Starts
17
September



Play Summer Softball 2016/17 - Ages 4 to Adult
SAME TIME, SAME LOCATION EACH WEEK
Hayes Park, Galston Road, Galston
REGISTRATIONS NOW OPEN click

<https://reg.sportingpulse.com/regoform.cgi?formID=60501>

Enquiries - 0403 088 622

* 'Bring a friend' discount applies when a friend registers with HH for first time

* Family discount applies for 3 or more registered immediate family members

*(Contact Registrar for more details)





Galston Aquatic
and Leisure Centre

**SIGN UP FOR A TERM OF
LEARN TO SWIM LESSONS
AND ENJOY FREE FAMILY
SWIMMING***

AT HORNSBY AND GALSTON
AQUATIC AND LEISURE CENTRES



**YOUR FAMILY FRIENDLY
SWIM SCHOOL!**

Find out more at

hornsby.nsw.gov.au/learntoswim

AQUAFUN
SWIM SCHOOL

*for enrolled term only, for immediate family members.

Newcastle

Tuesday August 23

Hunter Medical Research Institute, 7-9pm.

\$15 – payment required to reserve your seat, limit 150 people

For more information email customisednutrition@outlook.com; to book go to www.stickytickets.com.au/40768



Sue Dengate

*Fed Up with Children's
Behaviour*

Former teacher and psychology graduate, author of the famous *Fed Up* series, Australian of the Year finalist in 2009, Sue Dengate became interested in food intolerance after recognising the effect of foods on her own children. In the past 25 years, Sue has spoken to tens of thousands of parents in Australia, the USA and the UK. Further information on Sue's work at www.fedup.com.au.

'Wow!!! Hearing Sue speak was probably the most enlightening experience I have had this year, if not this decade'

'You touched our lives in an incredible way'

'You gave us the chance to see what a beautiful little boy we have been blessed with'

'We would still be living with an unhappy, difficult child'

This talk includes ...

- Arguments, oppositional defiance, tantrums,
- Bedwetting, sneaky poos, sticky poos
- Asthma, itchy skin rashes, migraine
- Difficulty falling asleep, frequent night waking
- Depression, unexplained tiredness, difficulty concentrating
- Hidden and new food additives, what's wrong with fruit

"It was the most fascinating two hours I have spent in a long time..." - Babbs about Town



Sue's *Fed Up*, *Failsafe Cookbook* and *DVD Fed Up with Children's Behaviour* will be available at the talk at discounted prices

CASH, CHEQUE, CREDIT, DEBIT CARDS

HAS YOUR CHILD BEEN ABSENT?

Please fill in and return an absent note to your child's teacher when he or she returns to school; this is a NSW DEC requirement.

Child's name Class

Dates absent

Reason

Other comments

Parent/Guardian Name

Signature Date

Child's name Class

Dates absent

Reason

Other comments

Parent/Guardian Name

Signature Date

Child's name Class

Dates absent

Reason

Other comments

Parent/Guardian Name

Signature Date